

# MONEY MINDSET

— Journal —



# FINANCIAL FREEDOM



DATE : \_\_\_\_\_

## WHY I WANT TO BE FINANCIALLY FREE

Blank space for writing reasons for wanting financial freedom.

## STEPS TO TAKE TO BECOME FINANCIALLY FREE

Blank space for writing steps to take to become financially free.

## HOW I CAN INCREASE MY INCOME

## HOW I CAN SAVE

Blank space for writing ways to increase income.

Blank space for writing ways to save.









# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

## MY FINANCIAL STRENGTHS

A large, empty rectangular box with a thin black border, intended for writing. The top of the box is shaded with a light brown header containing the text 'MY FINANCIAL STRENGTHS'. The rest of the box is blank, with a faint background pattern of soft, abstract shapes in shades of orange and yellow.

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

## MY FINANCIAL WEAKNESSES

A large, empty rectangular box with a thin black border, intended for writing or drawing. The background of the page features faint, stylized illustrations of leaves and branches in shades of beige and light brown.



# MONEY MINDSET JOURNAL



DATE: \_\_\_\_\_

MY RELATIONSHIP WITH MONEY IN....

6 MONTHS

1 YEAR

5 YEARS

10 YEARS

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

WHAT I ENJOY MOST IN MY CURRENT FINANCIAL SITUATION

A large, empty rectangular box with a thin black border, intended for writing the user's response to the question above. The box is centered on the page and occupies most of the lower half of the journal page.



# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

THE LAST TIME I ENCOUNTERED NEW OPPORTUNITY OF MONEY MANIFESTATION

Blank space for writing the response to the prompt: THE LAST TIME I ENCOUNTERED NEW OPPORTUNITY OF MONEY MANIFESTATION

THE BEST PIECE OF ADVICE I'VE RECEIVED

Blank space for writing the response to the prompt: THE BEST PIECE OF ADVICE I'VE RECEIVED

THE BEST PIECE OF ADVICE I'VE RECEIVED, BUT I DIDN'T TAKE

Blank space for writing the response to the prompt: THE BEST PIECE OF ADVICE I'VE RECEIVED, BUT I DIDN'T TAKE

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

## 5 WORDS DESCRIBING MY ATTITUDE TOWARDS MONEY

1

2

3

4

5

## WHAT I NEED MORE IN MY LIFE

## WHAT I NEED LESS IN MY LIFE

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

MY MOST MEMORABLE EXPERIENCES SURROUNDING MONEY

A large, empty rectangular box with a thin black border, intended for writing the user's most memorable experiences surrounding money.

# MONEY MINDSET JOURNAL

DATE : \_\_\_\_\_



ACCOMPLISHMENTS THAT I AM MOST PROUD OF

A large, empty rectangular box with a thin black border, intended for writing the user's accomplishments. The background of the page features a soft, abstract watercolor-style pattern in shades of beige and light brown, with faint leaf and branch motifs.



# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

MY PERFECT DAY

A large, empty rectangular box with a thin black border, intended for writing a journal entry about 'MY PERFECT DAY'. The background of the page features a soft, abstract watercolor-style pattern in shades of orange, yellow, and pink, with some leaf-like motifs in the corners.

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

MY 3 FAVOURITE AFFIRMATIONS / MANTRAS

①

②

③

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

MY MOST PROFITABLE....

TALENT

TRAIT

SKILL

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

## MY FINANCIAL SELF - CARE

MONEY MAKES ME FEEL....

GETTING CLEAR ON MY INCOME...

MY MINDFUL SPENDING....

# MONEY MINDSET JOURNAL

DATE : \_\_\_\_\_



I AM MOST THANKFUL IN MY LIFE WITH.....

WHO	WHY

# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

## FINANCIAL ADVICE I WOULD'VE GIVEN MYSELF 5 YEARS AGO

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## 3 PIECES OF ADVICE FUTURE SELF WOULD GIVE ME

1

2

3



# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

## MY FINANCIAL FEARS

A large, empty rectangular box with a thin black border, intended for writing about financial fears.

## SOMETHING THAT COULD MAKE ME MORE MONEY BUT AVOIDING DUE TO FEAR

A large, empty rectangular box with a thin black border, intended for writing about opportunities avoided due to fear.

# MY MONEY VALUES



DATE : \_\_\_\_\_

WHAT I VALUE MOST IN LIFE?

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MONEY MISTAKES THAT I STIL REGRET

WHAT I LEARNED ?

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WHAT I CAN DO TODAY TO MAKE IT BETTER THAN YESTERDAY

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# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

## THINGS I FIND ANNOYING WITH RESPECT TO MONEY

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## ISSUES FROM THE PAST THAT HOLD ME BACK

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# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

MY LEGACY IS TO BE...

A large, empty rectangular box with a thin black border, intended for writing the user's response to the prompt "MY LEGACY IS TO BE...". The box is positioned below the text and occupies most of the page's vertical space.









# MONEY MINDSET JOURNAL



DATE : \_\_\_\_\_

MY 3-MINUTE TIMER

WRITE WHATEVER COMES TO MIND

# FUTURE GOALS



TIME	GOALS	ACTIONS
6 MONTHS		
1 YEAR		
3 YEARS		
5 YEARS		
10 YEARS		

# ANNUAL GOALS



YEAR OF :

MAIN FINANCIAL AIM :

SAVINGS GOALS	
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INCOME GOALS	
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SAVINGS GOALS ACTION STEPS :

- 1 .....
- 2 .....
- 3 .....
- 4 .....
- 5 .....

INCOME GOALS ACTION STEPS :

- 1 .....
- 2 .....
- 3 .....
- 4 .....
- 5 .....

OTHER FINANCIAL GOALS

.....
.....
.....
.....

SIGNIFICANT PURCHASES TO BE MADE

.....
.....
.....
.....

MILESTONES TO REACH THROUGHOUT THE YEAR

- .....
- .....
- .....
- .....
- .....

- .....
- .....
- .....
- .....
- .....

# YEARLY FINANCES



YEAR : \_\_\_\_\_

MONTH	INCOME	EXPENSES	SAVINGS
JAN			
FEB			
MAR			
APR			
MAY			
JUN			
JUL			
AUG			
SEP			
OCT			
NOV			
DEC			

## FINANCIAL GOALS

A large grid of small dots for writing financial goals, consisting of 20 rows and 40 columns of dots.

# MONTHLY CALENDAR



MONTH : \_\_\_\_\_

SUNDAY	MONDAY	TUESDAY	WEDNESDAY

# MONTHLY CALENDAR



THURSDAY	FRIDAY	SATURDAY

GOALS

NOTES



# MONTHLY BUDGET



MONTH : \_\_\_\_\_ MONTHLY INCOME : \_\_\_\_\_

BILLS / FIXED EXPENCES	AMOUNT	DUE DATE

VARIABLE EXPENSES	AMOUNT	DID IT ADD VALUE TO MY LIFE

SAVINGS :	
Starting Balance :	
Deposit :	
Deposit :	
Deposit :	
Saving Total :	

IF YOU WORK HARD ENOUGH, THE RESULTS  
WILL COME

ENDING BALANCE : \_\_\_\_\_



# UPCOMING EXPENSES



YEAR : \_\_\_\_\_

JANUARY	FEBRUARY	MARCH
APRIL	MAY	JUNE
JULY	AUGUST	SEPTEMBER
OCTOBER	NOVEMBER	DECEMBER













# FINAL REVIEW



YEAR : \_\_\_\_\_

## TOTALS

TOTAL EARNED :

TOTAL SAVED :

TOTAL GIVEN AWAY :

TOTAL FIXED EXPENSES :

TOTAL VARIABLE EXPENSES:

TOTAL DEBT PAID OFF :

PERCENTAGES

REFLECTIONS

## ACTION STEPS & CHANGES TO MAKE :

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

MOTIVATION

# TO DO LIST



DATE : \_\_\_\_\_

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# REMINDERS



MONTH : \_\_\_\_\_

18 horizontal dashed lines for writing reminders.

18 empty circles for marking or tracking.

