

- · Raindrop's view of a storm
- · One stanza per season
- · A mountain tells its story
- · Loneliness in color and sound
- · Poem to your younger self
- · Anxiety through the senses
- · The goodbye you never said
- · Regret from another's view
- · Lost love as water imagery
- · Describe your dream as an object



- · Time speaks directly to you
- · A city that exists at midnight
- · Poem starting with "What if ..."
- · Silence as a character
- · Hope and despair in dialogue
- · Forgotten item in your pocket
- · Daily ritual as something sacred
- · Commute as a mythical journey
- · Write a palindrome poem
- · Blackout poem turned free verse

DARK POETRY PROMPTS

- · A love that rots from within
- · The weight of an unspoken secret
- · A smile that hides a scream
- · A forest that whispers your name
- · A world where no one sleeps
- · The moment just before a disaster
- · A ghost that won't let go
- · A life lived in the shadows
- · Eyes that see only sorrow
- · Darkness as a home, not a fear

DARK POETRY PROMPTS

- · A letter from your shadow
- · The last thoughts of a dying star
- · A dream that refuses to end
- · A mirror that shows your worst fear
- · Grief as a living creature
- · A house that eats memories
- · The sound of silence after betrayal
- · A conversation with death
- · A heart that turns to stone
- · The feeling of being forgotten

POETRY PROMPTS For Beginners

DESCRIBE YOUR FAVORITE PLACE USING YOUR FIVE
SENSES
WRITE ABOUT A CHILDHOOD MEMORY
A POEM ABOUT YOUR FAVORITE TIME OF DAY
USE A COLOR TO DESCRIBE A FEELING
WRITE A POEM ABOUT SOMETHING YOU LOST
DESCRIBE YOUR MORNING ROUTINE LIKE A STORY
A CONVERSATION BETWEEN THE SUN AND THE MOON
WRITE ABOUT HOW RAIN MAKES YOU FEEL
A POEM ABOUT SOMETHING SMALL THAT MATTERS TO
YOU
DESCRIBE YOUR FAVORITE SEASON AS IF IT WERE A
PERSON

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POETRY PROMPTS For Beginners

WRITE A POEM THAT STARTS WITH "I REMEMBER"
A LETTER TO YOUR FUTURE SELF
DESCRIBE A SOUND THAT BRINGS YOU COMFORT
WRITE ABOUT A DREAM YOU'VE HAD
A POEM ABOUT YOUR FAVORITE FOOD
DESCRIBE YOUR DAY IN JUST THREE STANZAS
WRITE A POEM USING ONLY QUESTIONS
A POEM ABOUT SOMETHING THAT MAKES YOU
SMILE
DESCRIBE THE SKY IN A WAY NO ONE ELSE WOULD
WRITE A POEM THAT ENDS WITH A SURPRISE

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A poem inspired by the Beatitudes ("Blessed are...")

Describe the moment the veil tore in the temple

A conversation between faith and doubt

Write a modern-day lament like the book of Lamentations

A poem about walking on water—literally or metaphorically

A modern retelling of a parable in verse

A poem as if written by a prophet in a noisy world

A poem wrestling with grace
—undeserved but freely
given

The silence of God in your darkest hour

Speak to God as Job did—in honesty and anguish

A psalm of gratitude for ordinary miracles

Write from the viewpoint of Mary at the foot of the cross

Rewrite a Psalm in your own words

A poem from the perspective of Eve after Eden

Describe the flood from the eyes of a raven or dove

A poem as if written by a wandering Israelite in the desert