



POETRY PROMPTS

- Raindrop's view of a storm
- One stanza per season
- A mountain tells its story
- Loneliness in color and sound
- Poem to your younger self
- Anxiety through the senses
- The goodbye you never said
- Regret from another's view
- Lost love as water imagery
- Describe your dream as an object



POETRY PROMPTS

- Time speaks directly to you
- A city that exists at midnight
- Poem starting with "What if..."
- Silence as a character
- Hope and despair in dialogue
- Forgotten item in your pocket
- Daily ritual as something sacred
- Commute as a mythical journey
- Write a palindrome poem
- Blackout poem turned free verse



DARK POETRY PROMPTS

- A love that rots from within
- The weight of an unspoken secret
- A smile that hides a scream
- A forest that whispers your name
- A world where no one sleeps
- The moment just before a disaster
- A ghost that won't let go
- A life lived in the shadows
- Eyes that see only sorrow
- Darkness as a home, not a fear



DARK POETRY PROMPTS

- A letter from your shadow
- The last thoughts of a dying star
- A dream that refuses to end
- A mirror that shows your worst fear
- Grief as a living creature
- A house that eats memories
- The sound of silence after betrayal
- A conversation with death
- A heart that turns to stone
- The feeling of being forgotten

POETRY PROMPTS

For Beginners

- ☐ DESCRIBE YOUR FAVORITE PLACE USING YOUR FIVE SENSES
- ☐ WRITE ABOUT A CHILDHOOD MEMORY
- ☐ A POEM ABOUT YOUR FAVORITE TIME OF DAY
- ☐ USE A COLOR TO DESCRIBE A FEELING
- ☐ WRITE A POEM ABOUT SOMETHING YOU LOST
- ☐ DESCRIBE YOUR MORNING ROUTINE LIKE A STORY
- ☐ A CONVERSATION BETWEEN THE SUN AND THE MOON
- ☐ WRITE ABOUT HOW RAIN MAKES YOU FEEL
- ☐ A POEM ABOUT SOMETHING SMALL THAT MATTERS TO YOU
- ☐ DESCRIBE YOUR FAVORITE SEASON AS IF IT WERE A PERSON

POETRY PROMPTS

For Beginners

- ☐ WRITE A POEM THAT STARTS WITH "I REMEMBER..."
- ☐ A LETTER TO YOUR FUTURE SELF
- ☐ DESCRIBE A SOUND THAT BRINGS YOU COMFORT
- ☐ WRITE ABOUT A DREAM YOU'VE HAD
- ☐ A POEM ABOUT YOUR FAVORITE FOOD
- ☐ DESCRIBE YOUR DAY IN JUST THREE STANZAS
- ☐ WRITE A POEM USING ONLY QUESTIONS
- ☐ A POEM ABOUT SOMETHING THAT MAKES YOU
SMILE
- ☐ DESCRIBE THE SKY IN A WAY NO ONE ELSE WOULD
WRITE A POEM THAT ENDS WITH A SURPRISE

Biblical POETRY PROMPTS

A poem inspired by the
Beatitudes ("Blessed are...")

Describe the moment the
veil tore in the temple

A conversation between
faith and doubt

Write a modern-day lament
like the book of
Lamentations

Biblical POETRY PROMPTS

A poem about walking on
water—literally or
metaphorically

A modern retelling of a
parable in verse

A poem as if written by a
prophet in a noisy world

A poem wrestling with grace
—undeserved but freely
given

Biblical POETRY PROMPTS

The silence of God in your
darkest hour

Speak to God as Job did—in
honesty and anguish

A psalm of gratitude for
ordinary miracles

Write from the viewpoint of
Mary at the foot of the cross

Biblical POETRY PROMPTS

Rewrite a Psalm in your own
words

A poem from the perspective
of Eve after Eden

Describe the flood from the
eyes of a raven or dove

A poem as if written by a
wandering Israelite in the
desert

LOVE

POETRY PROMPTS

- When your eyes met mine, the world forgot its noise.
- Love feels like a secret language written in glances.
- The warmth of your touch lingers longer than the sun.
- In the silence between us, a universe unfolds.
- A kiss becomes the clock's rebellion against time.

LOVE

POETRY PROMPTS

- Distance tastes like saltwater waves on the heart.
- Our love blooms like a hidden garden under moonlight.
- Holding your hand feels like carrying galaxies.
- Your shadow follows me even in my dreams.
- Promises whisper louder than centuries.

Poetry Prompts



Breakup

- The goodbye still echoes louder than your name.
- Love left, but the silence stayed behind.
- I keep finding you in places you never were.
- The bed remembers your shape better than I do.
- Our laughter turned into ghosts in these walls.

Poetry Prompts



Breakup

- I stitched my heart with threads you never returned.
- Your absence feels heavier than your presence ever did.
- The photographs smile while I learn how not to.
- I water the flowers we planted, though you're gone.
- Love became a wound that refuses to scar.

Poetry Prompts



Breakup

- The song we shared now burns in my throat.
- I write letters to you that I never send.
- Our story ends mid-sentence, ink still wet.
- The future we dreamed sleeps in a grave of “almost.”
- I kiss the air where your lips used to be.